

[North Avon Medical Centre](https://www.northavonmc.co.nz/%22%20%5Co%20%22North%20Avon%20Medical%20Centre)

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**Repeat Prescribing Guidelines**

Not normally repeated:

* antibiotics
* antidepressants for non-stable patients
* antidepressants for patients <20 years
* controlled drugs
* hypnotics or sedations
* isotretinoin/Roaccutane
* medication for new patients or pregnant patients
* medication prescribed by a specialist
* multi pathology/multi prescriptions
* newly prescribed medication
* NSAIDS

These guidelines may be overridden at the discretion of the prescriber.

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| **Condition** | **Frequency of consultations** |
| **Acne** | 6–12 months |
| **Asthma** | 3–6 months, depending on level of symptoms |
| **Congestive heart failure** | 3 months |
| **COPD** | 3–6 months, depending on level of symptoms |
| **Clozapine** | 3 months |
| **Eczema/dermatitis/psoriasis** | 6 months, or 12 months if mild |
| **Depo Provera** | 12 months |
| **Diabetes** | 3–6 months |
| **Depression – stable, chronic** | 6 months |
| **Epilepsy** | 6 months |
| **Gastro-oesophageal reflux disease****– asymptomatic** | 6 months  |
| **Gout** | 6–12 months. |
| **Hypertension** | 6 months (unless unstable), blood pressure every 3 months |
| **Hypothyroidism** | 6–12 months |
| **Ischaemic heart disease** | 3–6 months, depending on level of symptoms |
| **Long-term pain medication** | Review every 6 months with clinician or specialist |
| **Menopause** | 6 months |
| **Oral contraceptive pill (OCP)** | 6 months |
| **Parkinson's** | 3–6 months. |
| **Paracetamol** | At clinician's discretion |
| **Statins** | 12 months, if stable |

For further information regarding repeat prescribing please refer to our Prescribing Policy.